

## Upcoming events:

- August 17th:  
Quarterly Meeting &  
Potluck Lunch
- August 23rd & 24th:  
Museum Open House
- September 27th & 28th:  
Museum Open House
- October 19th:  
Quarterly Meeting &  
Italian Feast
- October 25th & 26th:  
Museum Open House

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## ALPINE HISTORICAL SOCIETY

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## ALPINE HISTORICAL SOCIETY—QUARTERLY POTLUCK MEETING

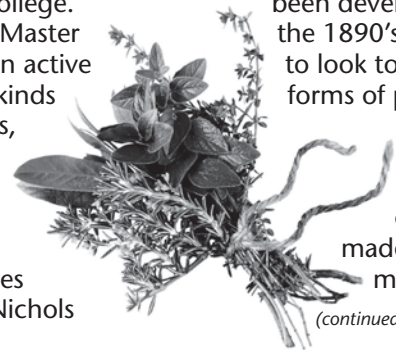
# DR. NICHOLS' HERBAL MEDICINES

The quarterly potluck meeting of the Alpine Historical Society will be held at 1 p.m. on Sunday, August 17, 2014 at the Alpine Woman's Club, 2156 Alpine Boulevard. The guest speaker, Judy Dunning, is the founder and president of the San Diego Herb Guild which she launched in 1993. She has completed extensive studies in herbs and herbal healing

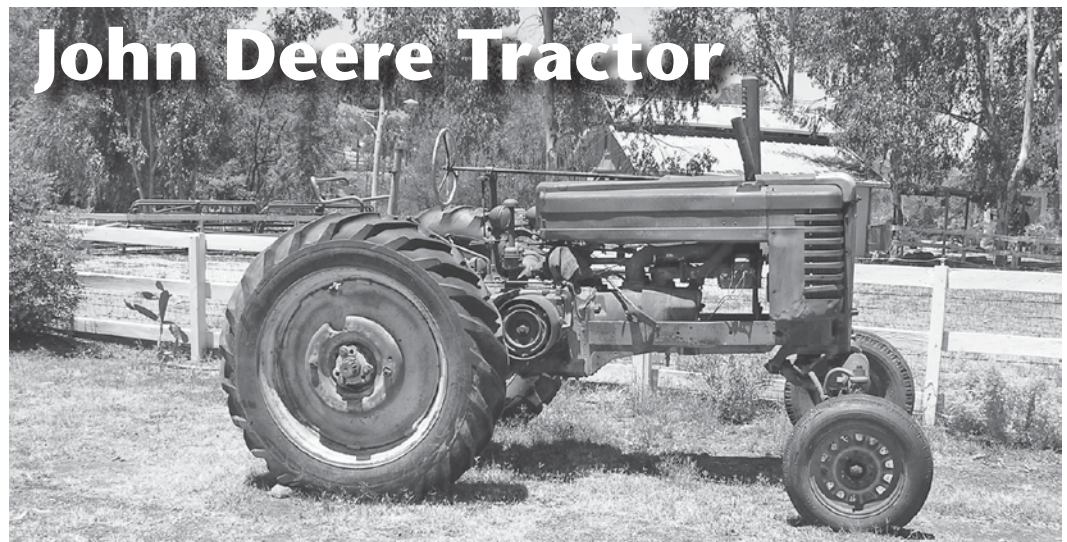
at the Self Heal School of Herbal Healing in Ocean Beach and in horticulture at Cuyamaca College. She is a former Master Gardener and an active gardener of all kinds of herbs, natives, and drought tolerant plants.

Do you ever wonder what kind of medicines Dr. Sophronia Nichols

might have used to treat her patients in early Alpine? Since antibiotics hadn't been developed in the 1890's, we have to look to other forms of powders, salves, potions, elixirs, or teas made from mineral,



*(continued on page 2)*



Our newest addition to the Farm Equipment exhibit is a 1938 John Deere Model G tractor, on loan to the museum by Richard Edwards of Kamps Propane.

In 1938, the well-known New York designer Henry Dreyfuss was hired by John Deere to re-style their line of farm equipment, especially

their tractors. Deere hoped that the Dreyfuss styling would help them compete with the new models being introduced by Farmall and Ford-Ferguson, John Deere's largest competition at the time. The Model G was introduced by John Deere in 1938 as its biggest "row crop" tractor.

The owner of the tractor now on exhibit, Richard Edwards, tells us that his Model G tractor runs on kerosene, but is started on gasoline. Although the 76-year-old tractor is in very good condition, Richard plans to restore the farming gem to its original "John Deere green" condition.

## *A Salute to Carol Walker*

All volunteers are special and their time and effort that they donate is always greatly valued. But, some volunteers give more than their fair share. One of these volunteers is *Carol Walker* who has given 110% on all projects that she has tackled.

Over the last ten years she has been our secretary and membership chairman on the Board of Directors, "Tattered Tidbits" news editor for *The Alpine Sun* and newsletter editor. Anything created in a computer was created by Carol—flyers, event programs, signs for displays and 13 history brochures. She transcribed three oral history tapes. Photos were printed, framed and hung for museum displays. She patiently combed through our 500 page Alpine history book, created and printed an index, which is invaluable for researchers. The memoirs of Vic Head, an Alpine resident, were typed and printed into a book, *Meandering through the Journey of Life*. She retyped a series of articles written for the *Alpine Echo* newspaper by Alpine pioneer Neil Galloway and printed them into a book. Her biggest project was creating our informative and attractive website that is inspiring to browse.

All of these accomplishments still do not cover the countless hours on displays, general meetings, special events, shopping for needed items, and mailings. I am sure that I have left out many projects.

Carol is now ready to give up her active role in the Historical Society and spend more time with her family and her own projects that have been collecting dust these past years. She will continue the website until a new webmaster can be found.

The Alpine Historical Society and I want to extend our biggest thank you to Carol for all that she has done for us over the years. Her displays, brochures, books, and website will be a lasting tribute to her commitment to the Society. Thank you, again, to Carol and Paul, her husband, for their friendship and support of the Alpine Historical Society.

~Carol Morrison, President



(continued from page 1)

### Dr. Nichols' Herbal Medicines

herbal or other materials available in the natural world.

Our August speaker, Judy Dunning, will tell us some of the ways herbs were used in early medicinal practice. Her talk will focus on the herbs or herbal products that Dr. Sophronia Nichols, Alpine's first physician, may have kept in her dispensary. She will tell us which illnesses were traditionally treated with the herbs as well as how to grow, harvest, preserve, and prepare them for use.

No PowerPoint slides for this show, Judy will bring real samples of the herbs she is discussing so you can see, touch, smell and learn to identify them. This is sure to be a very interesting and informative topic.



Our August 17th meeting is **FREE** to all attendees.

Plan to bring a dish for the potluck at 1:00 p.m.

or come only for the speaker at 2:00 p.m.

Please RSVP by calling Carol Morrison at (619)445-2544

or send an email to [info@alpinehistory.org](mailto:info@alpinehistory.org).

**Spread the word and invite your friends—  
everyone is welcome.**

## MEMBERSHIP UPDATE

**A Warm Welcome to Our New Members:** Darryl Bush, Kathleen Fiedor, Jim Lundquist, Michael & Lorraine Nelson, Gilbert Mastri, and Dr. Mark Zacovic (President of Cuyamaca College)

**A Heartfelt Thanks to Our Renewing Members:** Theo Bazdorf, Donna Boyer, Patricia Cannon, James Cleland, Thomas E. Curtin, Linda K. Dean, Greg & Patti Fox, Gail Guth, Mike Harris, Fred Higginbotham, Ruth Jellison, James C. La Force, Michael Nelson, Dick Rabell, Gary & Sue Smith, and Bruce & Debbie Van Hyfte

**We appreciate the collectible donations from:** John Christy ~ old tricycle and Asian doll, John & Donna Lockhart ~ four boxes of collectible home items, and Robin & Marvin Sylakowski ~ Beatrice LaForce Book, *Sound of Hasty Footsteps*

**Thanks go to the following who made generous financial donations to the Society:** Theo Bazdorf, James Cleland, Thomas E. Curtin, Mike Harris, Gina Henke, Jo Morland, Dick Rabell, and Bruce & Debbie Van Hyfte

**And many, many thanks to the supporters of our June History Days:** Viejas Tribal Government, SDG&E, Albertsons, Chris Wiley of Primary Residential Mortgage, Barrons Market, Kiwanis Cook Shack, Boy Scouts, and to ACE Hardware for their support of our buggy restoration

## CHIQUITA GETS A NEW SKIRT!

“Chiquita” is the name given by Captain Adam and Caroline Beaty to the farm house they built in 1899. The house was moved to the Alpine Historical Society property in 1998, where it now rests on piers that lift the house about three feet above the ground. The crawl space under the house has been surrounded by a diamond pattern lattice work since it was installed, to allow ventilation of the space and to prevent animals from nesting under the

house. But this proved to be a big fire risk as we envisioned the possibility of blowing embers igniting dry leaves under the house.

Earlier this year, SDG&E awarded the Historical Society a grant of \$2,092 to replace the wood lattice with corrugated metal to surround the crawl space. In addition, the

San Diego County Board of Supervisors approved a grant of \$2,000 to fully fund the project.

The project is now complete and gives

a new look to the 115-year-old house. You might say that “Chiquita” changed her checkered skirt for a new striped skirt.



### ▲ BEFORE

*Beaty’s “Chiquita” house showing the wood lath skirt around the crawl space under the house.*

### ◀ AFTER

*“Chiquita” with a corrugated metal skirt to provide a fireproof barrier protecting the crawl space from wind-blown embers.*



### ◀ & ▼ Work in Progress . . .

- 1 Framework to support the corrugated metal is now in place
- 2 Attaching corrugated metal to the framing
- 3 Shiny corrugated metal is now firmly attached
- 4 Finishing the brown paint details



# THIRD GRADE STUDENTS TOUR THE MUSEUM

On June 10, nearly 60 third grade students from Boulder Oaks Elementary School toured the Alpine History Museum. The students were completing a local history study program and the whirlwind tour of Alpine allowed them to get an up-close look at the local history hot spots that were part of their studies. Their tour stopped at many historic sites in Alpine, including The Alpine Cemetery, the Old Town Hall, and Arnoldasaurus, the last remaining sculpture from Dinosaur Land.

The students concluded their tour at the Alpine History Museum where Carol Morrison welcomed them and gave them a tour of the Nichols house, Tom Myers guided the students through the exhibits at the Beaty house, and Bill Waterworth provided interesting insights to the farm equipment exhibit.

These annual third-grade tours are one of the highlights of the school year.



June 11, 2014  
Dear Alpine Historical Club,  
Thank you so much for our little tour of Dr. Nichols house, Adam Beatys house and the farming equipment. It was also cool to see Rorie in person not driving by in a fast car. I learned a lot about Dr. Nichols and a lot about all they had back then a long time ago. Rorie is probably very special to you guys I can't believe that Rorie is still together. Rorie was in Alpine for a long time. The other thing that was interesting was the

June 11, 2014  
Dear Alpine Historical Club,  
Thank you so much for showing us Dr. Nichols house. I thought it was really clean. I know she had 5 kids and only 2 of them lived. The 2 that lived were a boy and a girl. So she wanted to fix them they didn't live so she became a dog also the first doctor was also the first in Alpine. She was also spoiled so she and died. She was sp

June 11, 2014  
Dear Alpine Historical Club,  
Thank you for teaching my class a lot of stuff.  
My favorite thing was Rorie. He looked awesome! Dr. Nichols house was really tiny. The school bus had weird ask. Thank you for teaching us stuff.

June 11, 2014  
Dear Alpine Historical Club,  
Thank you for being our tour guides. To be honest that was my favorite part of my field trip. I learned that you guys have 2 of Dr. Nichols reas that Adam Beaty grew one tree, and in the other days of the people were farmers. It was not used to 10 kids back then because they each have different jobs on the farm. I had a fun time at your museum!

Sincerely,  
Ashlyn Brauner

June 11, 2014  
Dear Alpine Historical Club,  
Thank you for touring Adam Beatys house and Dr. Sofrania Nicholes house and that cool machinery and farming tools. I liked that we got to see Rorie up in the "sweety plus tree. I like field trips of history. Thanks again byc.

Sincerely,  
Zsaigh

Sincerely,  
Christopher



# ALPINE HISTORY DAY . . .

Our Alpine History Day program featured some of the favorite activities from the past, such as baby chicks and ducks from Jennifer's Feed, a beekeeping presentation by Richard Edwards, vintage organ music performed by Joan Waterworth, and ice cream sundaes provided by Albertson's and prepared by our loyal volunteers. But this year we added some new activities including comedic western skits by the Hole in the Wall Gang, face painting, balloon animals, food from the Kiwanis Cook Shack, five antique vehicles from the San Diego Model T club, and our first ever opportunity drawing.



*Miss Rancho Palos Verde Taylor York (left) and Junior Teen Miss Alpine Vanessa Bram (right) pose with the Hole in the Wall Gang*

A big thank you goes out to our business sponsors for the event, to our major sponsors SDG&E and Primary

Residential Mortgage, and to Viejas Enterprises who provided substantial financial support for this event.



*Boy Scouts helping with the set-up*



*Beekeeping presentation by Richard Edwards*



*Museum Sales Shop Items*



*Patrons at the Kiwanis Cook Shack*



*Model T Fords from the San Diego Model T Car Club*



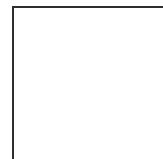
*Captivated audience enjoying the show*



*Crowds of people enjoying the festivities*

Alpine Historical Society  
P. O. Box 382  
Alpine, CA 91903-0382

*Address Service Requested*



### MEMBERSHIP APPLICATION

Name \_\_\_\_\_ Date \_\_\_\_\_  
Address/City/Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Fax \_\_\_\_\_  
E-mail \_\_\_\_\_

Send notices via: E-mail \_\_\_\_\_ Fax \_\_\_\_\_ U.S. Mail \_\_\_\_\_

Membership Category (Please check one):

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Student \$5     | <input type="checkbox"/> Family \$35         | <input type="checkbox"/> Business \$50         |
| <input type="checkbox"/> Senior \$15     | <input type="checkbox"/> Nonprofit Org. \$30 | <input type="checkbox"/> Business Life \$1,000 |
| <input type="checkbox"/> Individual \$25 | <input type="checkbox"/> Life \$500          |  |

Amount Enclosed:

Membership \$ \_\_\_\_\_  
Donation \$ \_\_\_\_\_  
TOTAL \$ \_\_\_\_\_

Areas of Interest for Volunteers:

Building Preservation  
 Technical/Clerical  
 Where Needed

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We're on the Web!  
[www.alpinehistory.org](http://www.alpinehistory.org)

Please complete this form and include your check payable to the Alpine Historical Society, a registered 501(c)(3) nonprofit organization.